

SHIV NADAR UNIVERSITY
SPORTS CALENDER FOR SPRING SEMESTER 2020

Days	January 2020		February 2020		March 2020		April 2020	
Wednesday	1	New Year Day					1	Stepper Aerobic Competition
Thursday	2						2	
Friday	3						3	Sports Session for Faculty & Staff
Saturday	4		1	Badminton Open Tournament/ SNUSL Cricket			4	SNU ATHLETICS Championship
Sunday	5		2	Badminton Open Tournament/ SNUSL Cricket	1	SNU Green Marathon	5	SNU ATHLETICS Championship
Monday	6	Yoga Session: Pranayama Sports Session for Faculty & Staff	3	Table Tennis Inter Cluster Sports Session for Faculty & Staff	2	6 a Side Cricket Tournament Sports Session for Faculty & Staff	6	Sports Session for Faculty & Staff
Tuesday	7		4	Table Tennis Inter Cluster	3	6 a Side Cricket Tournament	7	Aerobic/ Fitness Open Session
Wednesday	8		5	Aerobic/ Fitness Open Session	4	Football Leg Cricket/ Floor Aerobic Competition	8	SNUSL POWERLIFTING
Thursday	9		6	Breeze 2020	5	Kabaddi Open Tournament	9	Open Futsal Tournament
Friday	10	Sports Session for Faculty & Staff	7	Breeze 2020	6	Sports Session for Faculty & Staff	10	Open Futsal Tournament Sports Session for Faculty & Staff
Saturday	11		8	Breeze 2020	7	Midterm break	11	SNU Fitness Challenge
Sunday	12	Table Tennis Beginners Camp	9	Breeze 2020	8	Midterm break	12	SNUSL BASKETBALL GIRLS
Monday	13	Table Tennis Beginners Camp Sports Session for Faculty & Staff	10	Sports Session for Faculty & Staff	9	Sports Session for Faculty & Staff	13	SNUSL BASKETBALL GIRLS Sports Session for Faculty & Staff
Tuesday	14	Football Beginners Camp/ Table Tennis Beginners Camp	11	Yoga: Prone & Supine Asanas	10	Holi	14	SNUSL BASKETBALL GIRLS
Wednesday	15	Cross Campus Run/ Football Beginners Camp Table Tennis Beginners Camp/ Aerobic Open Session	12	Functional Training Session	11	Midterm break	15	SNUSL BASKETBALL GIRLS
Thursday	16	Football Beginners Camp Table Tennis Beginners Camp	13		12	Midterm break	16	SNUSL BASKETBALL GIRLS
Friday	17	Table Tennis Beginners Camp/ Football Beginners Camp Sports Session for Faculty & Staff	14	Hero Challenge (BML University)	13	Advance Football Camp Sports Session for Faculty & Staff	17	Yoga: Meditation & Yoga Nidra Session Sports Session for Faculty & Staff
Saturday	18	Football Beginners Camp Table Tennis Beginners Camp	15	Hero Challenge (BML University)	14	SNUSL FINAL/ Advance Football Camp	18	Inter Department Badminton
Sunday	19	Football Beginners Camp/ Table Tennis Beginners Camp Greater Noida City Mini Marathon 2020	16	Hero Challenge (BML University)	15	Super 6 Cricket Tournament/ Advance Football Camp	19	Inter Hostel Basketball
Monday	20	Football Beginners Camp/ Table Tennis Beginners Camp	17	Hero Challenge (BML University)	16	Advance Football Camp/ Badminton Inter Hostel Sports Session for Faculty & Staff	20	Sports Session for Faculty & Staff
Tuesday	21	Football Beginners Camp/ Table Tennis Beginners Camp	18	Table Tennis Tournament for Staff & Faculty	17	Badminton Inter Hostel/ Advance Football Camp	21	
Wednesday	22	Football Beginners Camp/ Table Tennis Beginners Camp	19	Table Tennis Tournament for Staff & Faculty	18	Advance Football Camp/ Yoga Demonstration Competition	22	
Thursday	23	Table Tennis Beginners Camp/ LNMIIT Sports Fest	20	SNUSL CHESS	19	Advance Football Camp/ Inter Department Basketball	23	CROSS COUNTRY
Friday	24	Sports Session for Faculty & Staff/ Table Tennis Beginners Camp LNMIIT Sports Fest	21	SNUSL CHESS/ Sports Session for Faculty & Staff	20	Inter Department Basketball/ Sports Session for Faculty & Staff	24	Night of Champions
Saturday	25	LNMIIT Sports Fest	22	SNUSL CHESS/ SNUSL Cricket	21	SNUSL SQUASH/ Inter Department Volleyball	25	
Sunday	26	Republic Day Run/ LNMIIT Sports Fest	23	SNUSL Cricket	22	SNUSL SQUASH/ Inter Department Volleyball	26	
Monday	27	SNUSL TABLE TENNIS Sports Session for Faculty & Staff/ LNMIIT Sports Fest	24	Sports Session for Faculty & Staff	23	IIT Roorkee Sports Fest	27	Sports Session for Faculty & Staff
Tuesday	28	SNUSL TABLE TENNIS	25	Exam	24	IIT Roorkee Sports Fest	28	
Wednesday	29	SNUSL TABLE TENNIS Badminton Open Tournament For Faculty/Staff	26	Exam	25	IIT Roorkee Sports Fest	29	
Thursday	30	SNUSL TABLE TENNIS/ Inter Hostel Football	27	Exam	26	IIT Roorkee Sports Fest	30	
Friday	31	SNUSL TABLE TENNIS/ Inter Hostel Football Badminton Open Tournament For Faculty/Staff	28	Sports Session for Faculty & Staff	27	IIT Roorkee Sports Fest		
Saturday			29	Exam	28	IIT Roorkee Sports Fest		
Sunday					29			
Monday					30			